

## Workshop 2

### ***Title***

*What does a good day at work look like? Finding joy, making the most of the workday, and contributing to a positive organizational culture*

### ***Organizer:***

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### **Abstract.**

We spend a great deal of our waking lives at work. How can we find joy at work and contribute to building a positive organizational culture in our libraries? Join us for an interactive workshop learning from each other as we think wildly and radically about questions such as:

- *What would a good day at work look like?*
- *What do I value in my current work environment? What do I value that is missing in my current work environment?*
- *What makes a work day fun? Engaging?*
- *What activities could I engage in to build community and a positive environment at work?*

Participants will leave with greater awareness of what brings joy to them at work and create a plan to build on this when they return to their organizations.

**Keywords:** Positive organizational culture, joy at work, workplace culture, values

### **Scope, Rationale, Outcomes:**

We spend a great deal of our waking lives at work, so how can we find joy at work and contribute to building a positive organizational culture in our libraries?

Libraries are a special work environment and most of us are fortunate to spend our days working in organizations that value knowledge, learning and community. How we interact with our organizations and create spaces for ourselves within them can make a difference for both our own happiness as well as the success of our organizations. Research has demonstrated that more joyful individuals create better experiences for their customers, colleagues and organizations (given the proper support!). What are things we can do to build our own joy, change our own perspectives, and perhaps bring change to our organizations?

During this workshop, participants will be introduced to literature, research and concepts related to joy at work and its benefits; engage in reflection and discussion activities with conference participants to become more self-aware about their values and what does and could bring them joy at work; and leave with a plan to develop their joy at work.

### **Target audience:**

Librarians from all types of institutions who are curious and would like to think about how they can make their time at work more joyful.

**Special equipment:** No special equipment is needed.

**Session time:** 2 hour